

August at Caxton Hall

Tuesday 1st August	Light Yoga NEW The second of trial series of yoga sessions – Bring own Yoga mat. 1.30 pm to 2.30 pm	Free
Friday 4 th August	Music Session NEW Learn and listen to music with a professional musician. 10.30 to 11.30	Free
Friday 4 th August	Caxton Summer Fete Have fun at our summer fete. Attractions included a Tombola, Stalls, Knitwear to buy, Barbeque, and Jenga. 12 noon to 3.30 pm	Varies
Friday 11th August	Bingo! Join a fun game of bingo with prizes. 1.30 pm to 3 pm	£1
Wednesday 16 th August	Canterbury Trip Come along with us to a coach trip to Canterbury; fee includes entrance to the Cathedral where you can see a man with a cat on his head! 9.00 am to 6 pm	£16
Friday 18 th August	Friday Forum Come to our monthly Forum. We hope to be joined by The London Aquatic Centre and also discuss what we should do with the donation from Laurence's family. 1.30 to 12.30pm	Free
Wednesday 23 rd August	Swimming NEW The start of a weekly swimming session at the London Aquatic Centre. Please speak to Richard for more details. 11.30 – 1 pm	£2
Thursday 24 th August	Freedom pass Trips- Holland Park and Design Museum Join our trip to Holland park & Design Museum. We will be traveling by tube and walking will be involved. Leaving Caxton at 10 am	Travel Costs
Friday 25th August	Karaoke Join CJ and JB for our monthly sing–along-a-song! 1.30 pm to 3 pm	Free

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